



WOMENTHINK® RETREAT

A 3-Day Experiential
Immersion Program

TRAINING DESCRIPTION

The Womenthink® Retreat is an experiential immersion program designed to dramatically improve individual and organizational effectiveness.

Our signature program for high potentials, new leaders and emerging leaders. We have been training women on the art and science of leadership for 25 years, well before Diversity and Inclusion measures called our attention to issues that make a difference to all of us.

Why did we step forward when it wasn't the most popular thing to do? There are two reasons:

1. Women are born leaders; they have the potential, the skillset, the savvy and the stamina to impact and influence others, given the right training and the opportunity. Sometimes these women are the only ones who don't recognize it, which is why we train them.
2. Issues such as pay disparity, double standards of leadership, lack of female role models, work/life imbalance and sexual harassment are called women's issues. But they're not....
 - They are family issues
 - They are organizational issues
 - They are economic issues.
 - They are societal issues.

Over the course of 3 days, the participants will thoroughly explore their relationship to themselves, others, their organization and the world with respect to leadership.

They will redefine what leadership means to them, and they will discover what it means to lead from a female position of strength where their assets are seen as such. Part of this process is learning to engage men in the advancement of women.

These women will learn the ins and outs of creating a collaborative, inclusive and innovative culture. They will learn the skills, tools and 'inner game' to assume a strong leadership role in their line of business, and to develop the latent leaders around them. We feel it's important for women to 'send the elevator back down' for the women who aspire to become leaders, themselves.

The Womenthink™ Retreat is largely an inside-out process, which is where sustainable transformation takes place. Motivation is temporary, inspiration has longevity. The three modalities we use are 1. Instruction, 2. Small group work and 3. Introspection.

Our methodology has been field-tested - we know it works. According to our research, 85% of our participants attribute their career growth, 4 years later, to the work they accomplished in the retreat. We're proud of them for doing the hard work it takes to exceed their own expectations.

OBJECTIVES

- To increase each attendee's level of self-awareness
- To identify the obstacles to women leading, and how to overcome them
- To inspire, encourage, and motivate women to lead in their personal and professional lives
- To examine the concepts of potential, purpose, passion and the impact they have on women's engagement at work and in their lives
- To explore the correlation between who you are and your impact on your business and your customer
- To cultivate personal and professional accountability amongst participants

STATEMENT OF BENEFITS

- Increase confidence, which leads to better performance and higher revenue
- Demonstrate to employees how their daily activities have impact and influence on your organization's vision, mission, and goals
- Increase employee engagement, which contributes to an increase in productivity, customer loyalty, and profits
- Decrease employee turnover, and therefore the Investment of recruiting and training new workers
- Assume increased responsibility for their own professional development and advancement instead of relying on the company to initiate change
- Increase your organization's bench strength with women leaders who can achieve measurable short and long-term results
- Expand opportunities for diversity and inclusion, by increasing women's contributions to your organization's decision-making structure

**Call us today to inquire about
Nancy's availability to train your team!**
+1 425.429.3636

TARGET AUDIENCE

- Women at all levels
- Minimum 35 people

Two women in my group recently attended Nancy Solomon's ... Retreat and the results I saw were impact-full and immediate. Increased confidence and self-awareness have translated into stronger performance from both. Not only are they realizing their full potential, but the organization is getting so much more value from these women who have stepped up to lead in their respective jobs. You change their lives - this is about so . much more than leadership at work - it is about leadership and self-fulfillment in LIFE. ...The retreat had a huge and lasting impact.

- Kim Slee, Microsoft